



EMSCULPT^{neo}®



SCULPTING.
FUNCTION.
WELLNESS.

Frequently Asked Questions



01. What is EMSculpt Neo?

EMSculpt Neo® is a first-of-its-kind, noninvasive treatment that combines HIFEM® technology for muscle building and strengthening with synchronized RF heating to target and eliminate stubborn fat. Whether your goal is to enhance overall wellness by strengthening, firming, toning, body shaping, and muscle re-education, or finding relief from different types of pain, this 30-minute procedure helps you achieve results with no downtime.

02. What does EMSculpt Neo therapy feel like?

You can feel intense muscle contractions and a heating sensation in the treated area, comparable to a hot stone massage.

03. Who is the right candidate for EMSculpt Neo?

If you can benefit from less fat and more muscle, the EMSculpt Neo procedure may be a great fit for you. Ask your EMSculpt Neo provider for more details.

04. What areas can be treated with EMSculpt Neo?

EMSculpt Neo can be applied over 10 body areas such as the abdomen, buttocks, flanks, thighs, arms, calves, and back.

05. How is EMSculpt Neo procedure performed?

EMSculpt Neo procedure is simple and easy. There is no pre-preparation required for this procedure. You will lay down while the applicators are applied over the treatment area for 30 minutes. Once the procedure is completed, you can immediately get back to your daily routine.

06. What is the protocol for EMSculpt Neo?

The treatment protocol typically includes four 30-minute sessions scheduled 5-10 days apart. Please consult your provider for more details.

07. What is the downtime of EMSculpt Neo?

There is no downtime with this procedure. You can get back to your daily routine right after the treatment.

08. Is EMSculpt Neo suitable for patients with BMI up to 35?

YES! EMSculpt Neo can treat patients with BMI up to 35.



09. How does EMSculpt NEO compare to liposuction and noninvasive device alternatives?

Liposuction cannot be compared with EMSculpt NEO as EMSculpt NEO is a completely noninvasive procedure. It does not require surgery, needles, anesthesia, or any downtime. EMSculpt NEO is the only patented technology that treats both fat and muscle in a single treatment.

10. Will I lose weight with EMSculpt NEO?

No, EMSculpt NEO procedure does not help with weight reduction. The therapy helps reduce your fat and build your muscles.

11. Is EMSculpt NEO painful?

EMSculpt NEO treatments may feel intense but should never be painful.

12. What kind of pain can EMSculpt NEO relieve?

EMSculpt NEO® is intended to stimulate peripheral nerves for relief of chronic intractable pain, post-traumatic pain, post-surgical pain and/or for relief of chronic painful diabetic peripheral neuropathy in the lower extremities.

13. Can EMSculpt NEO help with recovery?

Yes. EMSculpt NEO can support recovery by stimulating muscles, increasing blood flow, preventing muscle atrophy, and re-educating muscles after injury, inactivity, or surgery. Its neuromuscular stimulation may also help reduce muscle-related pain during the recovery process.

14. How long does EMSculpt NEO take to relieve pain?

Some patients report improvement in muscle comfort or back pain shortly after treatment, while others experience gradual relief over a series of sessions as muscle strength and function improve. Results vary depending on the individual, treatment area, and severity of muscle weakness or pain.



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Patient results and experience may vary. BTL devices should only be used under the continued supervision of a physician or licensed practitioner. Refer to the owner's manual for the full list of contraindications, side effects, and precautions. EMSCULPT NEO® is indicated to be used for: Improvement of abdominal tone, strengthening of the abdominal muscles, development of firmer abdomen; Strengthening, toning and firming of buttocks, thighs and calves; Improvement of muscle tone and firmness, for strengthening muscles in arms. EMSCULPT NEO® is further indicated to be used for: Noninvasive lipolysis (breakdown of fat) of the abdomen; Reduction in circumference of the abdomen; Noninvasive lipolysis (breakdown of fat) of the thighs; Reduction in circumference of the thighs; EMSCULPT NEO is intended for use with skin types I – VI; Noninvasive lipolysis (breakdown of fat) of the flanks limited to skin types I – IV; Noninvasive lipolysis (breakdown of fat) of the upper arms limited to skin types II and III and BMI 30 and under. EMSCULPT NEO® is intended to be used under medical supervision for adjunctive therapy for the treatment of medical diseases and conditions. EMSCULPT NEO® is indicated for use in stimulating neuromuscular tissue for bulk muscle excitation in the legs or arms for rehabilitative purposes. Indications for Use for Muscle Stimulators: Relaxation of muscle spasms; Prevention or retardation of disuse atrophy; Increasing local blood circulation; Muscle re-education; Immediate post-surgical stimulation of calf muscles to prevent venous thrombosis; Maintaining or increasing range of motion. EMSCULPT NEO® is intended to stimulate peripheral nerves for relief of chronic intractable pain, post-traumatic pain, post-surgical pain and/or for relief of chronic painful diabetic peripheral neuropathy in the lower extremities. EMSCULPT NEO is for use on patients 18 and older. © BTL Group of Companies. BTL®, EMSCULPT NEO®, NEO™, EMSCULPT®, EMSELLA® are trademarks or registered trademarks in the United States, Canada and the European Union.